

Virginia Diabetes Support Groups

Monday, October 26, 2009

City	Type	mtg address	Location	Meeting Schedule	Contact Person	Contact telephon	e-mail
Abingdon	Adult	Johnston Memorial Hospital, 351 Court St., NE, Abingdon, VA 24210	Conference Center	4th Tues., 7:00 p.m. (March-Sept.); Oct. is a Health Fair	Melissa Mullins, MS, RD, CDE	276-739-8015	mmullins@jmha.org
Big Stone Gap	Adults	Big Stone Gap Library, 11 Proctor St., N, Big Stone Gap, VA 24219	Big Stone Gap Library	2nd Tues., 3:00 p.m.	Jennifer Beaver	276-386-1312	jennifer.beaver@vdh.virginia.gov,
Blacksburg	Adults	Montgomery Regional Hospital, 3700 S. Main St., Blacksburg, VA 24060	4th Floor Classroom, Montgomery Regional Hospital	3rd Thur. , 7:00 - 8:30 p.m.	Christine Green, RN	540-951-1111	christine.green@hcahealthcare.com
Bluefield	Type 2	Bluefield Regional Medical Center, 500 Cherry St., Bluefield, WV 24701, 3rd Floor Classroom	3rd Floor Classroom	5:30 p.m.	Tracy Basham, RN, BSN, CDE	304-327-1697	tbasham@brmcwv.org
Bristol	Adults	Bristol Regional Hospital, 1 Medical Park Dr., Bristol, TN 37620	Walnut, Willow & Sprce Rooms on lower level	2nd Thur., 6:00 p.m.	Katie Stevens	423-844-2950	Katie_L_Stevens@Wellmont.org
Charlottesville	Type 1	UVA, (planning to move to an online group)	University of Virginia	occasionally meets	Molly McElwee-Hanley	434-249-0911, 800-251-DOCS (3627)	MollyMcElwee@gmail.com
Chesapeake	Children	CHKD Health Center at Greenbrier, 733 Volvo Parkway, Chesapeake, VA 23320	CHKD Health Center	Thur., Jan. 22, 2009, 6:30-7:45 p.m.	Jessica Major or Tina Vitale	757-668-7830 or 668-8349	
Christiansburg	Adults & Children	Carilion NRV Medical Center, 2900 Lamb Circle, L 402, Christiansburg, VA 24073	Montgomery Room	quarterly	Mary Hall, RN School Nurse Coordinator	540-643-0531	mahall@pcva.us
Fairfax	Pump users	Fairfax Hospital, 2700 Prosperity Ave, Suite 100, Fairfax, VA 22033	Fairfax Hospital	2nd Mon., qomonth (Jan., March, May, July, Sept., Nov.)	Patrick Brady	703-698-2500	PBARC5@gmail.com

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Fairfax	Adults	Inova Diabetes Center-Inova Fair Oaks Hospital, 3700 Joseph Siewick Dr., Suite 408 A, Fairfax, VA 22033	Inova Diabetes Center	Thursdays, 2/12, 4/9, 6/11, 8/27, 10/8, 12/10	Traci Johnson, MA, RN, CDE	703-858-8924	traci.johnson@inova.org
Fishersville	Adults	96 Medical Center Drivfe, Fishersville, VA 22939	Augusta Medical Center	4th Wed., 5:30-6:30 p.m. Jan.-Oct.	Jane Blosser, MS, RD		jblosser@agustamed.com
Fredericksburg	Children	5008 Southpoint Parkway, Fredericksburg, VA 22407			Lana King and Kathy Day, RNC, CDE	540-372-1130	lana.king@medicorp.org
Fredericksburg	type 1 children	1001 Sam Perry Blvd., Fredericksburg, VA 22401	Mary Washington Hospital, Fredericksburg, VA		Lana King, RN, BSN, CPT, CDE	540-741-2217	
Fredericksburg	Type 2	Mary Washington Hospital, hospital auditorium, 1001 Sam Perry Blvd., Fredericksburg, VA 22401	Fredericksburg, VA	every other month	Leann Curtis, RD	540-741-2225, 800-722-2788	www.marywashingtonhospital.mydiabeteseducator.org
Front Royal	Type 1 Youth	Warren Memorial Hospital, 1000 N. Shenandoah Ave., Front Royal, VA 22630	Warren Memorial Hospital, Front Royal, VA	3rd Tues., 7:00 p.m. (March-Dec.)	Arlene Figgins	540-636-3310, 533-7614	Afiggins@valleyhealthlink.com
Galax	Adults	Twin County Regional Hospital, 200 Hospital Drive, Galax, VA 24333	Twin County Room	3rd Tues. at 7:00 p.m., odd months	Tracie Vaughn, RN, CDE	276-238-3565	tvaughan@tcrh.org
Gate City	Adults	Scott County Community Center, 190 Beech St., Gate City VA 24251	Scott County Community Center	2nd Mon., 3:00 p.m.	Jennifer Beaver	276-386-1312	jennifer.beaver@vdh.virginia.gov,
Grundy	Adults	Buchanan General Hospital, 1535 Slate Creek Rd., Grundy, VA 24614	Private Dining Room	2nd Tues. at 6:00 p.m.	Pam Hinkle, RN, CDE	276-935-1256	pam.hinkle@bgh.org
Hampton	Adults	Sentara Health and Fitness Center, 4001 Coliseum Dr., Hampton, VA 23666	Studio B.	3rd Wed., 4:00 - 5:00 p.m.	Chandrda H. Clark, RN, BSN	757-827-2160, or 2313	cxclark@sentara.com
Hampton	Children	Hampton, VA	Hampton, VA		Debi Warren	757-668-8681	debi.warren@chkd.org

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Harrisonburg	Adults	Rockingham Memorial Hospital, 235 Cantrell Ave., Harrisonburg, VA 22801	Rockingham Memorial Hospital	2nd Mon., 7:00 - 8:30 p.m.	Janet See	540-433-4269	JSEE@RHCC.com
Haymarket	Children	Battlefield High School, 1500 Graduation Dr., Haymarket, VA		2nd Wed., 7:00 - 9:00 p.m.			
Internet	Type 1, any age	"OnLine" Support Group, Capital Area	Northern VA, online, bowling, local pool	Online, every 2 weeks (varies)	Nancy Sharma	703-378-4296	thesharmas@cox.net, nvadm1@yahoo.com
Kingsport	Adults	914 Broad St., Kingsport, TN (West Park Professional Building)	West Part Professional Building	2nd Tues., 7:00 p.m.	Katie Stevens or Larry England	423-677-0799 or 423-361-7806	Katie_L_Stevens@Wellmont.org
Kitty Hawk, NC	Children	Albemarle Regional Diabetes Care Program, Albemarle Hospital, 5200 North Croatan Highway, Kitty Hawk, NC 27949		2nd Mon, Aug.-May		252-338-4370	
Locust Grove	type 2	Lake of the Woods Church, 1 Church Lane, Locust Grove, VA 22508	Locust Grove, VA	monthly	Suzanne Amoruso	540-741-2219	kathy.macdonald-day@medicorp.org
Luray	Adult	Page Memorial Hospital, 200 Memorial Drive, Luray, VA 22835	Page Memorial Hospital	3rd Tues, 7:00 p.m.	Melanie Moses-Stanley	540-843-4577	Mel@shentel.net
Lynchburg	Adult	Timbrook Library, 21039 Timberlake Rd., Suite F, Lynchburg, VA 24502	Timbrook Library	2nd Tues at 7:00 p.m.	Remonia Davis	434-239-1190	
Manassas	Adult	8640 Sudley Rd., Suite 108, Manassas, VA 20110	Suite 108	3rd Thursday except May & Dec., 6:30 - 7:30 p.m.	Kathy Reily	703-369-8405 ext.4	kreily@pwhs.org
Newport News	Insulin Pumpers	500 J. Clyde Morris Blvd., Newport News, VA 23601	RRMC, Building G, Room E	4th Tues. Jan., March, May, July, Sept., Nov	Barbara Patrick	757-534-5051	barbara.patrick@rivhs.com

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Newport News	Type 1	RRMC, 500 J. Clyde Morris Blvd., Newport News, VA 23601	RRMC, Building G, Room E	4th Tues. at 7:00 p.m. Feb., April, June, Aug., Oct., & Dec.	Dary Woznack	757-534-5270	dary.woznack@rivh s.com
Newport News	Children	CHKD Health Center at Oyster Point, 11783 Rock Landing Dr., Newport News, VA 23606	Children's Hospital of the King's Daughters	2nd Mon., 6:30 p.m.-8:00 p.m.	Jessica Major or Tina Vitale	757-668-7830 or 8349	
Newport News	Type 2	12200 Warwick Blvd., Suite 590A, Newport News, VA 23601	Suite 590 A,	3rd Thur. 2-3 p.m.	Mary Rountree	757-534-5918	mary.rountree@riv hs.com
Norfolk	Pump Users	EVMS, Strelitz Diabetes Center, 855 W. Brambleton Ave., Norfolk, VA 23510	Strelitz Diabetes Center Conference Room	3rd Tues., 7:00 p.m.	Jean Obrien, Nancy Collette	757-446-8478, 757-463-6559	ObrianEJ@EVMS.ED U, nancollette@cox.ne t
Orange	Type 2	UVA Orange Medical Center, 661 University Lane, Suite B, Orange, VA 22960	University of Virginia Orange Medical Center, Conference Room	1st Wed., 9:00- 10:00 a.m.	Cindi Sanborn, RN, MN, CDE, Kim Morris	434-243-9767, 4620 (main ofc.)	CWS@hscmail.mcc. virginia.edu
Princeton, WV	Adults	Princeton Community Hospital, 122 Twelfth St., Princeton, WV 24740	Education Classroom #3	3rd Thur., 6:30 p.m.	Yana Hodges, RN, BSN, CDE	304-487-7283, 7074	Yana.Hodges@Pract iceTherapeutics.co m
Pulaski	Adult	Brinkley Eure Education Building, Pulaski Community Hospital, 2400 Lee Highway, Pulaski, VA 24301	Pulaski Community Hospital	1st Tues. at 6:30 p.m.	Anita Osburn, RD	549-994-8525	anita.osburn@hcah healthcare.com
Richlands	Adults	Preferred Home Health, Inc., 2011 2nd St., Richlands, VA 24641				276-963-9577	
Richmond	Pre- diabetes	St. Mary's, Bon Secours Hospital, 5801 Bremono Road, Richmond, VA 23226	Room 158, Education Wing			804-287-7162	
Richmond	Children	Stony Point Clinic, VCU			Kerry McCray	804-828-6703; 560-8932	
Richmond	Children (parents)	VCU Stony Point	varies	varies	Kerry McCray, RN, C-PNP, CDE	804-828-6703	kmccray3@msn.co m

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Richmond	McGuire VA Center	McGuire Veteran's Medical Center, 1201 Broad Rock Blvd., Richmond, VA 23249		1st Thur., 2:00-3:30 p.m. (except June, July, Aug., & Dec.)	Michelle Bedwell, MS, RD, CDE	804-675-5367	michele.bedwell@va.gov
Richmond	Adults	Retreat Hospital, 2621 Grove Ave., Richmond, VA 23220	Retreat Hospital		Michelle Watkins	804-254-9840	Francine.Kerber@HCAhealthcare.com
Richmond	Adults	Ukrop's, Chesterfield Town Center, 11361 Midlothian Tnpk., Richmond, VA 23236	Ukrop's Chesterfield Town Center	3rd Thursday, 4:00-5:00 p.m.	Timothy Robertson, RPh, CDE	804-340-4058	Timothy.Robertson@ukrops.com
Roanoke	Teens	Roanoke, VA	varies in Roanoke area	quarterly (new group)	Debbie Sauve, RN, MSN, CNS, CDE	540-224-4370	RNDOS1@carilion.com
Roanoke	Adults	1030 S. Jefferson St., Suite G101, Roanoke, VA 24016	Carilion	4th Tues, 6:30 - 8:00 p.m., except Jan., June & Dec.	Harriet Mills, LPN	540-224-4360	
Roanoke	Pump Users	Melrose Baptist Church, 3520 Peters Creek Rd., Roanoke, VA 24019	Fellowship Hall	Once a quarter, Tues. 6:30 p.m.	Mary Goin, CPT	877-922-7867, ext. 41401	Mary.Goin@libertymedical.com
Salem	Adult	Liberty Medical DSMP, 2157 Apperson Dr., Salem, VA 24153	Liberty Medical Center	Random	Bee Rosell, RN, BSN, BA, CDE	540-767-3053	
Salem	Veterans & spouses	VA Medical Center, 1970 Roanoke Blvd., Salem, VA 24153	VA Medical Center, Building 8, Room 3	2nd and 4th Wed., 1:30 p.m.	Sybil Cooley, Behavioral Health	888-982-2463, 540-982-2463 X 2944	Sybil.Cooley@va.gov
St. Paul	Adults	Oxbow Center, 16620 E. Riverside Dr. St. Paul, VA 24283	Jennifer Beaver	1st Mon., 3:00 p.m.	Jennifer Beaver	276-386-1312	jennifer.beaver@vdh.virginia.gov,
Suffolk	Adults	Sentara Obici Hospital, 2800 Godwin Boulevard, Suffolk, VA 23434		every other month, 7:30 p.m.	Hope Hickam, RN, CDE	757-934-4879	ghickam@sentara.com
Virginia Beach	Adults	Sentara Bayside Hospital, 800 Independence Blvd., Virginia Beach, VA 23455	Private Dining Room	3rd Wed. (except Nov.), 7:00 - 8:00 p.m.	Diane Snyder, RD, CDE	757-363-6834	dmsnyder@sentara.com

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Virginia Beach	Children	Friends with Diabetes, Princess Anne Elementary, 2444 Seaboard Rd., Virginia Beach, VA 23454	Princess Anne Elementary	4th Mon, 7:30 - 8:15 p.m.	Sally Berry, RN, and Jean Sinnott, RN	757-263-2025	Mary.Shaw@VBSchools.com
Warrenton	Adult	The LIFE Center, 419 Holiday Court, Suite 200, Warrenton, VA 20186	The LIFE Center	every other month (odd months), 6:00 - 7:00 p.m.	Dottie Williams, RN or Aren Dodge, RD, CDE	540-316-2652	williamsd@fauquierhealth.org
Winchester	Adults	250 Costello Drive, Winchester, VA 22602	Millwood Station Fire & Rescue Building	2nd Thur. at 7:00 p.m. (Mar, Apr., May, Sept., Oct., Nov)	Arlene Gavitt		Gavitt@valleyhealthlink.com
Wise	Adults	Gladeville Presbyterian Church, Ridgefield Acres, Wise, VA 24293	Fellowship Hall	4th Thursday, 7:00 - 8:30 p.m.	Joe and Lona Roberts, BSN, RN, MA, CDE	276-328-8232	lonawroberts@verizon.net
Woodbridge	Children	3505 Hillendale Dr., Woodbridge, VA 22193	Muriel Humphrey Childcare Center	3rd Wed., 7:00 p.m. - 9:00 p.m.			
Woodbridge	Adult	Hylton Education Center, Potomac Hospital, 2300 Opitz Blvd., Woodbridge, VA 22554	Hylton Education Center	2nd Tues. at 7:00 p.m.	Catharine Hasle, RN	703-670-1767	Catharine.Hasle@PotomacHospital.com